

# Pride Month 2023



# BOOKS FOR PARENTS & ALLIES PRIDE AND JOY CHILDREN'S BOOKS TRANS JOY GENDER FLUIDITY THE GENDER DECK

SEXUALITY

ACE & ARO SPECTRUM



# **BOOKS FOR PARENTS & ALLIES**





MY CHILD TOLD ME THEY'RE TRANS... WHAT DO I DO? A Q&A Guide for Parents of Trans Children Edited by Brynn Tannehill

### \$17.95 • PB • 9781839972775

Gathering together practical advice and personal experiences from a range of parents, activists and experts, this FAQ book provides answers to the most common questions you will have as a parent of a transgender child.



OUT A Parent's Guide to Supporting Your LGBTQIA+ Kid Through Coming Out and Beyond John Sovec

### \$17.95 • PB • 9781839974243

This book is here to help you with chapters that explore LGBTQIA+ terminology, understanding the coming out process, effective communication strategies, talking to your LGBTQIA+ kid about sex, the parents' process of acceptance, and the family coming out process. Beyond Pronouns The Evential Guide for Parents of Trans Children Tamany Plansker 2

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### BEYOND PRONOUNS The Essential Guide for Parents of Trans Children Tammy Plunkett

### \$17.95 • PB • 9781839971143

Tammy Plunkett shares her candid experiences navigating her child's transition and provides clear and practical guidance to help you do the same. Offering gentle guidance through the first 100 days and beyond, Tammy uniquely addresses the need for parents to be supported so they can best care for their child.

# **PRIDE AND JOY**



### PRIDE AND JOY

Dr Frank Sileo and Kate Lum-Potvin Illustrated by Emmi Smid

48pp. • Hardcover • 9781839975264 • \$17.95

Joy loves her big brother, Noah. He's the best brother, skateboarder and cookie baker there is! So, when Noah is teased for being gay, Joy wants to help. But how?

Written by an award-winning author team, and with charming illustrations throughout, Pride and Joy introduces children to LGBTQIA+ allyship and teaches them the value of inclusion and courage. Featuring a reading guide for adults and questions for discussion, this beautiful, uplifting picture book is a must-have for every young ally.





# CHILDREN'S BOOKS

### THE BIG BOOK OF PRIDE FLAGS

Illustrator Jem Milton

48pp. • Hardcover • 9781839972584 • \$17.95

Celebrate and learn about the LGBTQIA+ community with this colourful book of Pride flags!

Featuring all the colours of the rainbow, this book teaches children about LGBTQIA+ identities through 17 different Pride flags. With fun facts, simple explanations and a short history of each flag accompanying beautiful illustrations, children will uncover the history of Pride and be introduced to different genders and sexual orientations.

### MY CULTURE, MY GENDER, ME

Cassandra Jules Corrigan

48pp. • Hardcover • 9781839977626 • \$17.95

Gender diversity knows no borders...

Exploring identities that span the Indigenous Two Spirit people, the hijras of the Indian subcontinent, the mahu people of Hawaii, the female husbands of the Igbo tribe and many more, Cassandra Corrigan beautifully demonstrates that gender identities beyond the binary are a world-wide phenomenon.

Perfect for parents, children, educators and professionals who work with gender-diverse children.





### ME AND MY DYSPHORIA MONSTER An Empowering Story to Help Children Cope with Gender Dysphoria

Laura Kate Dale, Illustrated by Hui Qing Ang

40pp. • Hardcover • 9781839970924 • \$17.95

Nisha's monster follows her everywhere. It used to be small, but recently her monster has begun to grow. And as her monster gets bigger and bigger, Nisha feels more and more unlike herself.

This touching story is the perfect book for discussing gender dysphoria with children, explaining what it is and how they and their families can deal with it.



# CHILDREN'S BOOKS

### PRIDE FAMILIES

Amie Taylor, Illustrated by Kaspa Clarke 40pp. • Hardcover • 9781839976810 • \$18.95

LGBTQIA+ families come in all the colours of the rainbow. Perhaps you belong to a Pride family, or maybe you have a friend who belongs to a Pride Family?

This educational children's book explores what these families look like with a focus on trans, non-binary, gay, lesbian and polyamorous family set ups. Covering themes such as, pregnancy, donor conception and surrogacy alongside a guide for adults that helps explain terminology, this book is an invaluable resource for sharing and celebrating what it means to be a Pride family.

### GENDER HEROES

25 Amazing Transgender, Non-Binary and Genderqueer Trailblazers from Past and Present! Illustrated by Filipa Namorado

64pp. • Hardcover • 9781839973253 • \$19.95

Prepare to meet the gender trailblazers of past and present - who dress and express themselves however they choose!

Featuring icons from across art, sports, fashion, music, politics, civil rights and the media, this vibrantly illustrated book introduces children age 5+ to transgender, non-binary and genderqueer rolemodels who dare to be different - and are conquering the world as they go.succinct, straightforward, and mindful chapters.



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### THE GENDER BOOK

Girls, Boys, Non-binary, and Beyond Cassandra Jules Corrigan, Illustrated by Jem Milton

32pp. • Hardcover • 9781839977107 • \$17.95

Ellie and Casey are back to talk about gender!

In this gloriously illustrated guide to gender identity, you'll meet demiboys and demigirls, agender people, greygender people, those who are AFAB and AMAB, and many more as Ellie and Casey guide curious children through the world of people who don't identify as their assigned gender at birth.

An invaluable resource for parents, classrooms and children alike.



# TRANS JOY

### TO BE A TRANS MAN

# Our Stories of Transition, Acceptance and Joy Edited by Ezra Woodger

192pp. • Paperback • 9781787759602 • \$19.95

In this illuminating and radically honest book, Ezra Woodger interviews trans men and transmasculine people to interrogate what masculinity is and what it means to be a man. Covering a wide range of topics, from dealing with judgement and expectations - both external and internal - to the experience of gender euphoria, finding a community and the growth and openness that trans-inclusive spaces can provide, the stories in this book highlight the power of being true to who you are.

### A TRANS MAN WALKS INTO A GAY BAR A Journey of Self (and Sexual) Discovery Harry Nicholas

224pp. • Paperback • 9781839971839 • \$18.95

In this raw, intimate and unflinchingly honest book, we follow Harry as he navigates the sometimes fraught and contradictory worlds of contemporary gay culture as a trans gay man, from Grindr, dating and gay bars, to saunas, sex and ultimately, falling in love. Harry's brave and uplifting journey will show you there is joy in finding who you are.

### **SURVIVING TRANSPHOBIA**

Edited by Laura A. Jacobs, LCSW

224pp. • Paperback •9781787759657 • \$19.95

Surviving Transphobia is an anthology by transgender and gender nonbinary celebrities and experts on endurance during times of severe hostility. We share the moments when we were vulnerable, were bullied, had needs dismissed, or were discriminated against, revealing our determination and how we have (sometimes) managed to thrive. We offer loving support as you brave agony and seek joy. We also speak to our allies.

# TRANSITION TO SUCCESS

A Self-Esteem and Confidence Workbook for Trans People Matthew Waites

240pp. • Paperback • 9781839970511 • \$19.95

With activities, tips and self-reflective exercises to enable you to reflect on your goals, challenges and life experiences, as well as your self-limiting behaviours, this workbook is here to support you during transition, on coming out, in your relationships, at work and with your physical and mental health. Trans joy is real - so seize every opportunity that comes your way.



TRANS MAN

Our Stories of

Transition,

and lov



Transition

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# ALL THE THINGS THEY SAID WE COULDN'T HAVE

Stories of Trans Joy Tash Oakes-Monger

144pp. • Paperback •9781839971495 • \$18.95

Through a series of uplifting, generous and beautifully crafted vignettes, T. C. Oakes-Monger gently leads you through the cycle of the seasons - beginning in Autumn and the shedding of leaves and identity, moving through the darkness of Winter, its cold days, and the reality of daily life, into Spring, newness, and change, and ending with the joy of long Summer days and being out and proud - and invites you to find similar moments of joy in your life.

### FIRST YEAR OUT

A Transition Story Sabrina Symington

128pp. • Paperback • 9781839977725 • \$24.95

Providing support and guidance on a range of issues such as hormones, medical procedures and relationships, the story traces the everyday thoughts, emotions and struggles many trans and nonbinary people face and seeks to empower those who are starting to question their gender as well as promoting wider discussion about the complexities of gender and identity.

THE AWESOME AUTISTIC GUIDE FOR TRANS TEENS

Yenn Purkis and Sam Rose, Illustrated by Glynn Masterman

112pp. • Paperback • 9781839970764 • \$18.95

With helpful explanations, tips and activities, plus examples of famous trans and gender divergent people on the autism spectrum, this user-friendly guide will help you to navigate the world as an awesome autistic trans teen. Covering a huge range of topics including coming out, masking, different gender identities, changing your name, common issues trans and gender divergent people face and ways to help overcome them, building a sense of pride and much, much more, it will empower you to value yourself and thrive exactly as you are.

### AM I TRANS ENOUGH?

How to Overcome Your Doubts and Find Your Authentic Self Alo Johnston

224pp. • Paperback • 9781839975349 • \$19.95

Born out of thousands of hours of research and conversations with hundreds of trans people, Am I Trans Enough? digs deep into internalized transphobia and the historical narratives that fuel it. It unveils what happens after you come out, or begin questioning living as a trans person, in a world that works against you.









### GENDER CONFIRMATION SURGERY A Guide for Trans and Non-Binary People Edward Whelan

224pp. • Paperback •9781839970962 • \$19.95

This accessible guide covers the range of gender confirmation surgeries available for all trans and non-binary people, including breast augmentation, chest reconstruction, vaginoplasty, phalloplasty, metoidioplasty, vocal surgery and facial feminisation. With personal stories and illustrations throughout, this comprehensive resource will help you understand the full range of surgical options available.

### **GENDER IS REALLY STRANGE**

Teddy G. Goetz, Illustrated by Sophie Standing

40pp. • Paperback • 9781839975127 • \$14.95

Part of the Really Strange series, this science-based graphic medicine comic addresses these questions and more, revealing the inherent messiness of gender identity and sex. A mysterious amalgam of biology and society, inherently sensed, yet societally-defined, the complexity of gender is revealed through examining neuroscience, biology, hormones, mental health, behaviour and how much of gender comes from society.

### ACCEPTING GENDER

### An ACT Workbook for Trans and Non-Binary People Alex Stitt

208pp. • Paperback • 9781839974328 • \$19.95

Non-binary counselor, Alex Stitt, lays the foundations for addressing these feelings with reflective exercises and activities rooted in acceptance and commitment therapy (ACT) that help you understand what gender is, the spectrum of different gender identities, how to identify and accept your gender, coming out, self-actualization and much more.

### PERFECTLY QUEER

An Illustrated Introduction Victoria Barron

96pp. • Paperback • 9781839974083 • \$14.95

For allies and queer folks alike, this visual introduction uses bright and fabulous illustrations to explain the rainbow of gender identities and sexualities.

YOUR GENDER BOOK Helping You To Be You! Ben Pechey

160pp. • Paperback • 9781839976100 • \$18.95

With fun activities, resources and LGBTQ+ role models throughout, this book sheds light on everything from gender identity, sex, pronouns and expression, to barriers, mental health, allyship and finding happiness.









Your Gender Book Helping You to Be You!

# THE GENDER DECK



### THE GENDER DECK

100 Cards for Conversations about Gender Identity Andrew Triska, Illustrated by Filipa Namorado

Card Deck • 9781839974366 • \$40.00

This unique pack of 100 cards provides a useful tool to help guide conversations about gender identity in individual, group, family, professional and school settings.

With vibrant and inclusive designs, the four color-coded categories - consisting of reflective questions, interactive activities, interview-style questions and supportive questions - are designed to prompt and encourage deep, reflective and supportive discussions about topics related to gender identity, gender expression and relationships.

Developed by a renowned trans-identified psychotherapist, and with an accompanying guidebook instructing users on different formats and activities in which the cards can be used, this card deck is an ideal resource for professionals working with trans, non-binary and/or queer clients to have in their therapeutic toolkit.



### Supportive

Gender-varlant player: Tell us about something a public figure or organization has figure or organization has done to support trans rights in the last year. Cisgender player: What's a

public figure or organization you see as supportive of trans rights? (Gender-varkant players: Do you see this person as supportive?)

# Interview

Ask someone a question about gender and their cultural or family background. (Examples: "What's something a woman isn't supposed to do in your family?" "Does your culture recognize people who aren't just mde or female?")



### Supportive

Gender-variant player: Tell us about something a public figure or organization has done to support trans rights in the last year: Clegender player: What's a public figure or organization

public figure or organization you see as supportive of trans rights? (Gender-variant players: Do you see this person as supportive?)

# SEXUALITY

### THE ANXIOUS PERSON'S GUIDE TO NON-MONOGAMY Your Guide to Open Relationships, Polyamory and Letting Go

Lola Phoenix, Forward from Kathy G. Slaughter LCSW

208pp. • Paperback • 9781839972133 • \$19.95

In this all-you-need-to-know guide to exploring non-monogamy, polyamory and open relationships, Lola draws upon their years of experience in giving advice and being non-monogamous to provide guidance for every stage of your journey, helping you to prioritise your mental health and well being along the way.

### **BISEXUAL MEN EXIST**

### A Handbook for Bisexual, Pansexual and M-Spec Men Vaneet Mehta

256pp. • Paperback • 9781787757196 • \$14.95

Navigating a range of topics, including coming out, dating, relationships and health, Vaneet shares his own lived experience as well as personal stories from others in the community to help validate and uplift other bisexual men. This empowering book is a rallying call for m-spec men everywhere.

### LIVE, LAUGH, LESBIAN

### Navigating Life as a Lesbian in the 21st Century Helen Scott

224pp. • Paperback • 9781839978142 • \$18.95

Half memoir, half guide, and 100% big lesbian hug, plunge with Helen into the highs and lows of navigating lesbian life in the modern world and emerge with all the lesbian life hacks you'll need to get out there and live the life of your dreams.

### **GAY MAN TALKING**

# All the Conversations We Never Had Daniel Harding

288pp. • Paperback • 9781839970948 • \$18.95

Daniel Harding unpacks modern gay relationships - from parents, siblings and friends, through to lovers, enemies, technology and ourselves - to explore how it's the relationships around us, breaking us down and making us back up, that are our defining moments.

### **IT'S TOTALLY NORMAL!**

An LGBTQIA+ Guide to Puberty, Sex, and Gender Monica Gupta Mehta and Asha Lily Mehta, Illustrated by Fox Fisher

208pp. • Paperback • 9781839973550 • \$18.95

Mother and teen duo Monica and Asha Mehta work together to answer your most pressing questions. Forget the penis-in-vagina basics - this is a queer friendly guide that'll have you rethinking the very definition of sex.











# **ACE & ARO SPECTRUM**

I AM ACE Advice on Living Your Best Asexual Life Cody Daigle-Orians

\$18.95 · PB · 9781839972621

Tackling everything from what asexuality is, the asexual spectrum and tips on coming out, to intimacy, relationships,

acephobia and finding joy, this guide will help you better understand your asexual identity.

NEW

NEW

### SOUNDS FAKE BUT OKAY

An Asexual and Aromantic Perspective on Love, Relationships, Sex, and Pretty Much Anything Else Sarah Costello and Kayla Kaszyca

\$19.95 • PB • 9781839970016

Spanning the whole range of relationships we have in our lives

- to family, friends, lovers, society, our gender, and ourselves, this book asks you to let your imagination roam, and think again what human connection really is.

### ACE NOTES

Tips and Tricks on Existing in an Allo World Michele Kirichanskaya, Illustrated by Ashley Masoq

\$18.95 • PB •9781839975226

Covering everything from coming out, explaining asexuality and understanding different

types of attraction, to marriage, relationships, sex, consent, gatekeeping, religion, ace culture and more, this is the ultimate arsenal for whatever the allo world throws at you.

AMAZING ACE, AWESOME ARO An Illustrated Exploration Victoria Barron

\$14.95 • HB •9781839977145

Separate the myths and stereotypes, and discover some of the wonderful intricacies that shape each spectrum, including: forms of love and attraction, common identities, microlabels, flags, and the entertaining community-led culture.

### HOPELESS AROMANTIC An Affirmative Guide to Aromanticism Samantha Rendle

\$17.95 · PB · 9781839973673

With a history of aromantic representation, guidance on gueerplatonic relationships, and testimony from your worldwide

aro family - this is the affirmatory aro companion to have in your back pocket.

### ACE VOICES

What it Means to Be Asexual, Aromantic, Demi or Grey-Ace Eris Young

\$24.95 • PB • 9781787756984

Drawing upon interviews with a wide range of people across the asexual spectrum, Eris Young is here to take you on an

empowering, enriching journey through the rich multitudes of asexual life.

### ACE AND ARO JOURNEYS A Guide to Embracing Your Asexual or Aromantic Identit

Join the The Ace and Aro Advocacy Project (TAAAP) for a deep dive into the process of discovering and embracing your ace and aro identities.

nuances of your identity, find and develop support networks, explore different kinds of partnership, come out to your communities and find real joy within.



NEW

OURNEYS

A Guide to Embracing Y

\$19.95 • PB • 9781839976384



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# ABOUT JKP'S GENDER AND SEXUALITY LISTS

Jessica Kingsley publishes books and resources on gender and sexuality for the LGBTQIA+ community. Whether it's a non-binary or gender queer child who finds strength and understanding within the pages of a favorite book; a loved one seeking to better understand the emotional and social stresses of a parent, child, friend, or partner in transition; or a counselor looking to deepen clinical connections with gender-diverse clients, click on any title or cover for more information.

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